

# **Serenity Day Spa**

## **Massage Therapy**

Our licensed massage therapists take great pride in skillfully customizing your session to suit your individual needs. Go beyond relaxation and encourage relief from tension and stress and all things that weigh heavy on the mind. Whether you come to us for relief from chronic muscle tension, injury and fatigue, emotional stress, or just to relax and restore your mind.

## **Serenity Therapeutic Massage**

Your session will begin with a brief consultation to create a therapeutic massage tailored to your needs. Whether you've come to relax or have more specific therapeutic needs let us work to restore your natural balance and well being.

**\$70 30 min - \$90 60 min - \$120 90 min**

## **Serenity Hot Stone Massage**

Classic massage techniques enhanced by warm stone therapy. Smooth stones glide over the skin, warming muscles and inducing a unique comforting form of relaxation.

**\$110 60 min - \$135 90 min**

## **Serenity Hot Bamboo Massage**

Bamboo massage is an innovative way to provide Swedish or deep tissue massage using heated bamboo to roll and knead the tissue to create an extreme sensation of relaxation and well-being.

**\$105 60 min - \$130 90 min**

## **Mother to Be Escape**

Standard Swedish massage to release tension and stress focuses on relaxation and wellness for both mother and baby.

**\$75 30 min - \$95 60 min - \$125 90 min**

## **Couples Massage**

Nestle side by side in our couple's suite, you can enjoy your spa experience with friends, family or someone special. Choose from any of our Serenity massages.

## **Facials**

Facial treatments are performed by a licensed esthetician and tailored to each individual's needs or skin concerns. We are committed to carrying the finest lines of products that are backed by science and driven by results. For great skincare look no farther than our line of Dermalogica products, When Dermalogica meets skin, skin health begins.

### **Serenity Facial**

Experience our innovative, balancing and deep cleansing treatments for your skin. This unique, personalized treatment includes a relaxing face, neck and shoulder massage leave you feeling refreshed and renewed.

**\$90 60 min**

### **Mini Facial**

During this express treatment we will cleanse and gently exfoliate your skin followed with a customized mask and moisturizer selected for your skin type. This is a great way to relieve any stress in your day when you are short on time.

**\$70 30 min**

### **Hot Stone Facial**

Our Serenity facial incorporated with a hot stone massage of the face, neck and shoulders.

**\$110 75 min**

### **Ion Active Facial**

A facial treatment created to drive potent key ingredients faster and further into the skin. This treatment helps reduce signs of aging, uneven skin tone, acne and dehydration. This specialized treatment will help manage the most challenging skin concerns.

**\$100 75 min**

### **BioActive Peel**

A chemical peel that works with the skin, not against it. BioActive peel works safely to decrease surface roughness, treat acneic skin conditions, reduce fine lines and helps minimize the appearance of pigmentation.

**\$125 per peel or 5 peels for \$575**

*\*\*price includes home care kit\*\**

### **Gentlemen's Facial**

Our gentlemen's facial is especially designed to rejuvenate a man's complexion. This relaxing facial helps to sooth skin and provide a deep pore cleansing and toning. A strong man always puts his best face forward.

**\$90 60 min**

### **Manicures & Pedicures**

Our nail services are performed by a licensed Nail Technician whose experience will bring balance back your hand and feet. We only use products that naturally moisturize, rejuvenate and condition your nails and skin.

#### **Serenity Manicure/Pedicure**

Indulge yourself in this lavish hand or foot treatment which includes shaping your nails and cuticles, a relaxing hand and arm massage or foot and calf massage.

**\$30 45min Manicure - \$50 60min Pedicure**

#### **Gel Manicure**

Our Gel Manicure lasts 2-3 times longer than traditional natural nail manicures. Nails are dried using LED & UV lights, eliminating long dry times. Includes shaping your nails and cuticles, a relaxing hand and arm massage.

**\$35 75 min**

#### **Serenity Signature Manicure/Pedicure**

Our luxurious Signature Manicure/Pedicure includes shaping your nails and cuticles, a relaxing hand and arm massage or foot and calf massage along with an invigorating scrub, paraffin and masque treatment. A decadent experience, leaving your feel soothed and restored.

**\$40 60min Manicure - \$65 75 min Pedicure**

#### **Anti-Aging Manicure**

A full manicure incorporating soothing and anti-aging ingredients with the use of our Dermalogica products designed for deep exfoliation and skin renewal. This treatment helps to remove dry and damaged skin, reducing the appearance of fine lines and wrinkles and is followed by an application of our Multivitamin Hand and Nail Treatment.

**\$45 60min**

#### **Ultimate Hydration Pedicure**

Our most extravagant and most acclaimed pedicure for people who long for a longer massage, ache for extreme exfoliation, and thirst for extra hydration.

**\$70 75min**

#### **Detox Pedicure**

This charcoal detox pedicure uses natural ingredients to help purify and deep clean the skin. Charcoal draws out impurities and odor-causing bacteria from deep within the pores. It leaves your feet feeling soft, smooth, and conditioned.

**\$60 75min**

#### **Gentleman's Serenity Manicure/Pedicure**

Indulge yourself in this lavish hand or foot treatment which includes shaping your nails and cuticles, a relaxing hand and arm massage or foot and calf massage.

**\$30 35min Manicure - \$50 60 min Pedicure**

### **Gentleman's Serenity Signature Manicure/Pedicure**

Our luxurious Signature Manicure/Pedicure includes shaping your nails and cuticles, a relaxing hand and arm massage or foot and calf massage along with an invigorating scrub, paraffin and masque treatment. A decadent experience, leaving your feel soothed and restored.

**\$40 60 min Manicure - \$65 75 min Pedicure**

### **Pretty Little Manicure/Pedicure**

***For children 12 and under.***

Includes cuticle and nail shaping, a moisturizing massage with light exfoliation, followed by choice of polish.

**\$20 30 min Manicure - \$30 30 min Pedicure**

### **Waxing Services**

Waxing services are performed by a licensed esthetician and tailored to each individual's needs or skin concerns.

#### **Waxings Services**

Facial(brows,lips & chin) \$30

Eyebrows \$15

Lip \$12

Eyebrows & Lip \$ 22

Chin \$12

Half Arm \$25 & up

Full Arm \$ 35 & up

Hall Leg \$ 40 & up

Full Leg \$ 60 & up

Bikini \$30 & up

Underarm \$20 up

Chest \$ 55 & up

Back \$ 60 & up

### **Packages**

Your experience will allow you to create a sense of wellbeing and promote serenity within; close your eyes and drift away. Included in all packages you will escape to our relaxation room where you can enjoy a spa lunch to complete your day.

#### **Day of Serenity for You**

Indulge in the best our spa has to offer! Quiet your mind from the noise, it's time to slow down and reconnect with your body and mind. Escape with a one hour Serenity Therapeutic Massage, one hour Serenity Facial and a Serenity Signature Manicure/Pedicure. This will leave you feeling renewed and refreshed.

**Approximately 4 ½ hours \$357**

#### **A Day for Two**

Close your eyes and drift away with someone special. Relax with a one hour couples massage and Serenity Signature Pedicure together. Restore the state of equilibrium as you share your time together.

**Approximately 3 hours \$402**

#### **Just a Day Away**

Treat yourself to just a little time away and escape the day. Enjoy a half hour Serenity Therapeutic Massage, Serenity mini Facial, and a Serenity Manicure/Pedicure. A truly relaxing experience!

**Approximately 3 hours \$279**

#### **Escape the Day with Healing Stones**

Warm your soul as you heal and relax your mind and body. Take pleasure in a one hour Hot Stone Massage, Hot Stone Facial, and a Hot Stone Pedicure. Allow the stones to provide a healing, therapeutic effect and reveal a state of harmony.

**Approximately 4 hours \$405**

- *For your convenience a 20% gratuity will be added to all packages.*
- *We require 48 hour cancellation notice.*